

HEROIC JOURNEY AND ARCHETYPES

SEPARATION

Step in the Journey	Description
Birth with Unusual Circumstances	
The Call to Adventure/Refusal of the Call	
Supernatural Intervention/Aid	
Crossing the First Threshold/The First Ordeal	
The Belly of the Whale	

INITIATION

Step in the Journey	Description
The Road of Trials/The Test	
Meeting with the Goddess/Witch	
Temptation/Woman as Temptress	

Atonement with the Father	
Apotheosis	
The Ultimate Boon	

THE RETURN

Step in the Journey	Description
Refusal of the Return	
The Magic Flight	
The Return (Awakening, Rebirth, Resurrection from a Forest or Cave)	
The Elixir (Restorative)/Rescue from Without	

A Fallen Homeland/Land in Disarray	
A Trap	
Warm Welcome as Savior	

ARCHETYPES

Archetype (List Name)	Description
The Hero	
The Wise Old Man/Woman	
The Shadow/Dark Self	
The Mother/Good Witch or Goddess	
The Maiden	

Mephistopheles/The Devil	
Companions (Friends who Accompany Hero and Help as They are Able with Hero's Quest)	